

Clinton Anderson

ADVANCED

GROUNDWORK EXERCISES

1. Lunging for Respect
– Stage Three
2. Backing Angles
3. Backing Circles
4. Leading Rollbacks
5. Jumping and Crossing
Over Obstacles
 - a. Jumping Over Barrels
 - b. Crossing a Tarp
6. Pick Me Up Off the Fence
7. Backing Serpentine
8. Outback Exercise on the
Long Line
9. Lunging for Respect
– Stage Three on the Long Line
10. Long Line Changing Directions
11. C-Pattern on the Long Line
12. Sidepassing Off the Fence
13. Stirrup Driving
14. Flex and Lead by the Ear
15. Leading by the Muzzle

RIDING EXERCISES

1. Two-Tracking – Stage One
2. Sidepassing Off the Fence
3. Counterbending at the Walk
and Trot
4. Vertical Flexion at the Canter
5. Rollbacks in the Corner
6. Advanced Rollbacks
7. Yield the Hindquarters on a
Straight Line
8. Two-Tracking – Stage Two
9. Collected Lead Departures
10. Flower Power
11. Backing Circles on the Ground
with the Bridle
12. Backing Circles Under Saddle
13. Counterbending at the Canter
14. Drive to a Stop
15. Backing Shoulder In/
Shoulder Out
16. Post-to-Post Rollbacks
17. Neck Reining